GROUP CLASS SCHEDULE

OKTOPUS BATUMI BRANCH

NOVEMBER, 2026

MONDAY	10:00 - 11:15	ASHTANGA YOGA	DEA E.	MS
	13:00 - 13:30	STEP AEROBIC	DARIA K.	MS
	14:00 - 14:30	STRETCHING	EKATERINA T.	MS
	18:00 - 18:30	TOTAL ABS	LASHA G.	MS
	19:00 - 19:45	CARDIO ZUMBA	DARIA K.	MS
	20:00 - 20:45	POWER PILATES	KETA S.	MS
	20:00 - 20:45	BOXING	LANA B.	FA
	21:00 - 21:45	FUNCTIONAL PILATES	KETA S.	MS
TUESDAY	10:00 - 11:15	MORNING YOGA	DEA E.	MS
	10:00 - 11:15	ASHTANGA YOGA	DEA E.	MS
	19:00 - 19:45	BIG BALL PILATES	SVETLANA K.	MS
	20:00 - 20:30	SQUATS	EKATERINA Z.	MS
	20:00 - 20:45	FULL BODY WORKOUT	ARTUR B.	FA
	21:00 - 22:15	HASHTANGA YOGA	DEA E.	MS
WEDNESDAY	10:00 - 11:15	ASHTANGA YOGA	DEA E.	MS
	13:00 - 13:30	STEP AEROBIC	DARIA K.	MS
	14:00 - 14:30	STRETCHING	EKATERINA T.	MS
	18:00 - 18:30	TOTAL ABS	LASHA G.	MS
	19:00 - 19:45	CARDIO ZUMBA	DARIA K.	MS
	20:00 - 20:45	POWER PILATES	KETA S.	MS
	20:00 - 20:45	BOXING	LANA B.	FA
	21:00 - 21:45	FUNCTIONAL PILATES	KETA S.	MS

SIGNATURE CLASSES, ACCLAIMED INSTRUCTORS, TRANSFORMED BODIES.

CLASSES AND INSTRUCTORS ARE SUBJECT TO CHANGE. ADVANCE BOOKING REQUIRED. VISIT OKTOPUS.GE OR DOWNLOAD THE APP TO MANAGE YOUR BOOKINGS AND FIND NEW OBSESSIONS

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GROUP CLASS SCHEDULE

OKTOPUS BATUMI BRANCH

NOVEMBER, 2026

THURSDAY	08:30 - 09:30	MORNING YOGA	EKATERINA. T	MS
	10:00 - 11:15	ASHTANGA YOGA	DEA E.	MS
	19:00 - 19:45	BIG BALL PILATES	SVETLANA	FA
	20:00 - 20:30	SQUATS	EKATERINA Z.	MS
	20:00 - 20:45	FULL BODY WORKOUT	ARTUR B.	FA
	21:00 - 22:15	HASHTANGA YOGA	DEA E.	MS
FRIDAY	10:00 - 11:15	ASHTANGA YOGA	DEA E.	MS
	13:00 - 13:30	STEP AEROBIC	DARIA K.	MS
	14:00 - 14:30	STRETCHING	EKATERINA T.	MS
	18:00 - 18:30	TOTAL ABS	LASHA G.	MS
	19:00 - 19:45	CARDIO ZUMBA	DARIA K.	MS
	20:00 - 20:45	POWER PILATES	KETA S.	MS
	20:00 - 20:45	BOXING	LANA B.	FA
	21:00 - 21:45	FUNCTIONAL PILATES	KETA S.	MS
SATURDAY	14:00 - 14:30	SQUATS	EKATERINA Z.	MS
SUNDAY	14:00 - 14:45	BIG BALL PILATES	SVETLANA K.	MS
	18:00 - 18:30	TOTAL ABS	LASHA G.	MS

CLASS LEVEL GUIDE
L2 - INTERMEDIATE
L3 - ADVANCED
₾ - PAID CLASS

STUDIO KEY
MS - MAIN STUDIO
FA - FUNCTIONAL AREA
RS- REFORMER STUDIO