



GROUP CLASS SCHEDULE

OKTOPUS SANDRO EULI BRANCH

JUNE, 2026

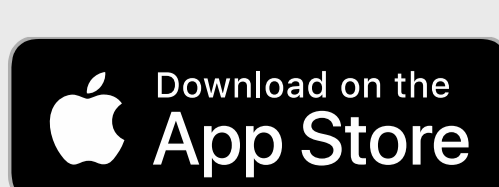
MONDAY	08:00 - 08:45	MORNING YOGA	ANA R.	MS
	09:00 - 09:45	PILATES X STRENGTH	ANKA D.	MS
	10:00 - 10:45	PILATES SCULPT & TONE	ANKA D.	MS
	11:00 - 11:45	STRONG NATION	KRISTI B.	MS
	12:00 - 12:45	FUNCTIONAL PILATES	KRISTI B.	MS
	17:00-17:45	YOGA	ANASTASIA M.	MS
	18:00 - 19:00	EVENING YOGA (L2)	ANASTASIA M.	MS
	19:00 - 19:45	SPINNING	NANO M.	CS
	19:00 - 19:45	TRX CIRCUIT	TAZO.T	FA
	19:15 - 20:15	BODY BALLET (PAID CLASS)	VIKA K.	MS
	20:00 - 20:45	SPINNING	NANO M.	CS
	20:00 - 20:45	BOXING L1	BEKA.B	BA
	20:00 - 20:45	FULL BODY BURN	GIORGI.B	FA
	20:30 - 21:15	STRETCHING	NINO.M	MS
	21:00 - 21:45	BOXING L2	BEKA.B	MS
	21:30 - 22:00	UPPER BODY + ABS	TAZO T.	MS
	22:05 - 22:50	LOWER BODY	GIORGI ZH.	MS

TUESDAY	09:00 - 09:45	PILATES	ANA M.	MS
	10:00 - 10:45	BIG BALL PILATES	ANA M.	MS
	11:15 - 12:15	YOGA	ZURA K.	MS
	12:45 - 13:45	YOGA	ZURA K.	MS
	17:00 - 17:45	PILATES	ANA.R	MS
	18:00 - 19:00	STRETCHING YOGA WHEEL	ANASTASIA M.	MS
	19:00 - 19:45	SPINNING	NANO M.	FA
	19:00 - 19:45	BOXING L1	BEKA B.	MS
	19:15 - 20:00	POWER SCULPT PILATES	ANA R.	CS
	20:00 - 20:45	SPINNING	NANO M.	MS
	20:15 - 21:00	SQUATS	MANUKI B.	BA
	21:15 - 22:00	SOFT PILATES	ANA R.	MS
	22:05 - 22:50	GLUTES & CORE	NANO O.	MS

WEDNESDAY	08:00 - 08:45	MORNING YOGA	ANA R.	MS
	09:00 - 09:45	PILATES X STRENGTH	ANKA D.	MS
	10:00 - 10:45	PILATES SCULPT & TONE	ANKA D.	MS
	11:00 - 11:45	STRONG NATION	KRISTI B.	MS
	12:00 - 12:45	FUNCTIONAL PILATES	KRISTI B.	MS
	17:00 - 17:45	YOGA	ANASTASIA M.	MS
	18:00 - 19:00	EVENING YOGA (L2)	ANASTASIA M.	MS
	19:00 - 19:45	SPINNING	NANO M.	CS
	19:00 - 19:45	TRX CIRCUIT	TAZO T.	FA
	19:15 - 20:15	BODY BALLET (PAID CLASS)	VIKA K.	MS
	20:00 - 20:45	SPINNING	NANO M.	CS
	20:00 - 20:45	BOXING L1	BEKA B.	BA
	20:30 - 21:15	HIP-HOP CARDIO BURN	IVA M.	MS
	21:00 - 21:45	BOXING L1	BEKA B.	BA
	21:30 - 22:00	HIIT	DAVIT T.	MS

SIGNATURE CLASSES, ACCLAIMED INSTRUCTORS, TRANSFORMED BODIES.

CLASSES AND INSTRUCTORS ARE SUBJECT TO CHANGE. ADVANCE BOOKING REQUIRED. VISIT OKTOPUS.GE OR DOWNLOAD THE APP TO MANAGE YOUR BOOKINGS AND FIND NEW OBSESSIONS





GROUP CLASS SCHEDULE

OKTOPUS SANDRO EULI BRANCH

JUNE, 2026

THURSDAY	09:00 - 09:45	PILATES	ANA M.	MS
	10:00 - 10:45	BIG BALL PILATES	ANA M.	MS
	11:15 - 12:15	YOGA	ZURA K.	MS
	12:45 - 13:45	YOGA	ZURA K.	MS
	17:00 - 17:45	PILATES	ANA R.	MS
	18:00 - 19:00	STRETCHING YOGA WHEEL	ANASTASIA M.	MS
	19:00 - 19:45	SPINNING	NANO M.	CS
	19:00 - 19:45	BOXING L1	BEKA B.	BA
	19:15 - 20:00	POWER SCULPT PILATES	ANA R.	MS
	20:00 - 20:45	SPINNING	NANO M.	CS
	20:15 - 21:00	SQUATS L2	MANUKI B.	MS
	21:15 - 22:00	SOFT PILATES	ANA R.	MS

FRIDAY	08:00 - 08:45	MORNING YOGA	ANA R.	MS
	09:00 - 09:45	PILATES YOGA	ANA R.	MS
	10:00 - 10:45	STRONG NATION	KRISTI B.	MS
	11:00 - 11:45	FUNCTIONAL PILATES	KRISTI B.	MS
	17:00 - 17:45	YOGA	ANASTASIA M.	MS
	18:00 - 19:00	EVENING YOGA (L2)	ANASTASIA M.	MS
	19:00 - 19:45	SPINNING	NANO M.	CS
	19:15 - 20:15	BODY BALLET (PAID CLASS)	VIKA K.	MS
	20:00 - 20:45	SPINNING	NANO M.	CS
	20:00 - 20:45	BOXING L1	BEKA B.	BA
	20:30 - 21:15	HIP-HOP	IVA.M	MS
	21:00 - 21:45	BOXING L1	BEKA B.	BA
	22:00 - 22:45	METCON CLASS	IRAKLI K.	MS

SATURDAY	10:00 - 10:45	PILATES L1	ANA R.	MS
	11:00 - 11:45	STRETCHING	NINO M.	MS
	12:15 - 13:30	FITNESS YOGA	ZURA K.	MS
	14:00 - 15:00	CONNECTIVE BREATHWORK	ZURA K.	MS
	15:30 - 16:15	HIP-HOP	IVA.M	MS
	16:15 - 17:00	PILATES	ANA R.	MS
	18:30 - 19:15	POWER SCULPT PILATES	ANA R.	MS
	20:00 - 20:45	LOWER BODY	GIORGI ZH.	MS

SUNDAY	14:45 - 15:30	RECHARGE YOGA BEGINNER	ANASTASIA M.	MS
	15:30 - 16:15	CHAKRA YOGA MEDITATION	ANASTASIA M.	MS
	16:15 - 17:00	GLUTES & CORE	NANO O.	MS

CLASS LEVEL GUIDE
 L2 - INTERMEDIATE
 L3 - ADVANCED
 ☪ - PAID CLASS

STUDIO KEY
 MS - MAIN STUDIO
 FA - FUNCTIONAL AREA
 RS- REFORMER STUDIO