



# GROUP CLASS SCHEDULE OKTOPUS BATUMI BRANCH

MAY, 2026

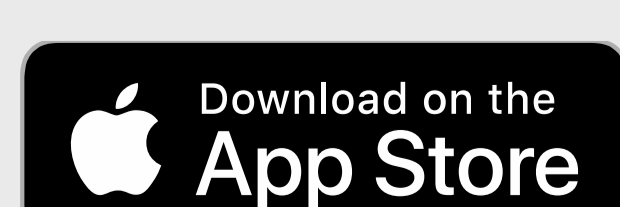
<b>MONDAY</b>	08:30 - 09:30	MORNING YOGA	AKAKI K.	MS
	10:00 - 11:00	YOGA FLOW	AKAKI K.	FA
	18:00 - 18:30	BEST ABS EVER	LASHA G.	MS
	19:00 - 19:45	CARDIO ZUMBA	DARIA K.	MS
	20:00 - 20:30	POWER PILATES	KETA S.	MS
	20:00 - 20:45	BOXING	ZURA G.	FA
	20:45 - 21:15	FUNCTIONAL PILATES	KETA S.	MS
	21:30 - 22:20	INTENSIVE PILATES	KETA S.	MS

<b>TUESDAY</b>	08:30 - 09:30	MORNING YOGA	IRINA K.	MS
	10:00 - 11:00	KUNDALINI YOGA	IRINA K.	MS
	18:00 - 18:30	FULL BODY STRETCHING	IRINA K.	MS
	18:00 - 18:45	FULL BODY WORKOUT	MICHAEL F.	FA
	19:00 - 19:45	BIG BALL PILATES	SVETLANA K.	MS
	19:00 - 19:30	LEGS & CORE BLAST	MICHEAL F.	MS
	20:00 - 20:45	YOGA FLOW	AKAKI K.	MS
	21:00 - 21:30	SQUATS	MARIAM K.	MS

<b>WEDNESDAY</b>	08:30 - 09:30	MORNING YOGA	AKAKI K.	MS
	10:00 - 11:00	YOGA FLOW	AKAKI K.	MS
	18:00 - 18:30	BEST ABS EVER	LASHA G.	MS
	19:00 - 19:45	CARDIO ZUMBA	DARIA K.	MS
	20:00 - 20:30	POWER PILATES	KETA S.	MS
	20:00 - 20:45	BOXING	ZURA G.	FA
	20:45 - 21:15	FUNCTIONAL PILATES	KETA S.	MS
	21:30 - 22:20	INTENSIVE PILATES	KETA S.	MS

SIGNATURE CLASSES, ACCLAIMED INSTRUCTORS, TRANSFORMED BODIES.

CLASSES AND INSTRUCTORS ARE SUBJECT TO CHANGE. ADVANCE BOOKING REQUIRED. VISIT OKTOPUS.GE OR DOWNLOAD THE APP TO MANAGE YOUR BOOKINGS AND FIND NEW OBSESSIONS





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MAY, 2026

<b>THURSDAY</b>	08:30 - 09:30	MORNING YOGA	IRINA K.	MS
	10:00 - 11:00	KUNDALINI YOGA	IRINA K.	MS
	18:00 - 18:30	FULL BODY STRETCHING	IRINA K.	MS
	18:00 - 18:45	FULL BODY WORKOUT	MICHAEL F.	MS
	19:00 - 19:45	BIG BALL PILATES	SVETLANA K.	MS
	19:00 - 19:30	LEGS & CORE BLAST	MICHEAL F.	FA
	20:00 - 20:45	YOGA FLOW	AKAKI K.	MS
	21:00 - 21:30	SQUATS	MARIAM K..	MS

<b>FRIDAY</b>	08:30 - 09:30	MORNING YOGA	AKAKI K.	MS
	10:00 - 11:00	YOGA FLOW	AKAKI K.	MS
	18:00 - 18:30	BEST ABS EVER	LASHA G.	MS
	19:00 - 19:45	CARDIO ZUMBA	DARIA K.	MS
	20:00 - 20:30	POWER PILATES	KETA S.	MS
	20:00 - 20:45	BOXING	ZURA G.	FA
	20:45 - 21:15	FUNCTIONAL PILATES	KETA S.	MS
	21:30 - 22:20	INTENSIVE PILATES	KETA S.	MS

<b>SATURDAY</b>	08:30 - 09:30	MORNING YOGA	IRINA K.	MS
	10:00 - 11:00	KUNDALINI YOGA	IRINA K.	MS
	20:00-20:45	FULL BODY STRETCHING	IRINA K.	MS
	21:00 - 21:30	YOGA FLOW	AKAKI K.	MS

<b>SUNDAY</b>	14:00 - 14:45	BIG BALL PILATES	SVETLANA K.	MS
	19:00 - 19:45	BOXING	ZURA G.	FA

**CLASS LEVEL GUIDE**

L2 - INTERMEDIATE  
L3 - ADVANCED  
☞ - PAID CLASS

**STUDIO KEY**

MS - MAIN STUDIO  
FA - FUNCTIONAL AREA  
RS- REFORMER STUDIO