



GROUP CLASS SCHEDULE OKTOPUS BATUMI BRANCH

APRIL, 2026

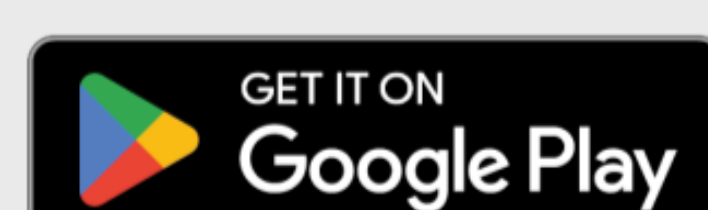
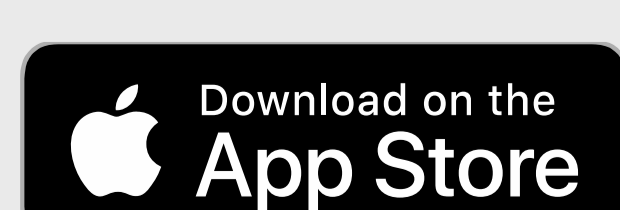
MONDAY	08:30 - 09:30	MORNING YOGA	AKAKI K.	MS
	10:00 - 11:00	YOGA FLOW	AKAKI K.	FA
	12:00 - 12:45	BIG BALL PILATES	SVETLANA K.	MS
	18:00 - 18:30	BEST ABS EVER	LASHA G.	MS
	19:00 - 19:45	CARDIO ZUMBA	DARIA K.	MS
	19:00 - 19:45	BOXING	ZURA G.	FA
	20:00 - 20:30	POWER PILATES	KETA S.	MS
	20:00 - 20:45	BOXING	ZURA G.	FA
	20:45 - 21:15	FUNCTIONAL PILATES	KETA S.	MS
	21:30 - 22:20	INTENSIVE PILATES	KETA S.	MS

TUESDAY	08:30 - 09:30	MORNING YOGA	IRINA K.	MS
	10:00 - 11:00	KUNDALINI YOGA	IRINA K.	MS
	18:00 - 18:30	SQUATS	MARIAM K.	MS
	18:00 - 18:45	FULL BODY WORKOUT	MICHAEL F.	MS
	19:00 - 19:45	BIG BALL PILATES	SVETLANA K.	MS
	19:00 - 19:30	LEGS & CORE BLAST	MICHEAL F.	FA
	20:00 - 20:45	YOGA FLOW	AKAKI K.	MS
	21:00 - 21:30	FULL BODY STRETCHING	IRINA K.	MS

WEDNESDAY	08:30 - 09:30	MORNING YOGA	AKAKI K.	MS
	10:00 - 11:00	YOGA FLOW	AKAKI K.	MS
	12:00 - 12:45	BIG BALL PILATES	SVETLANA K.	MS
	18:00 - 18:30	BEST ABS EVER	LASHA G.	MS
	19:00 - 19:45	CARDIO ZUMBA	DARIA K.	MS
	19:00 - 19:45	BOXING	ZURA G.	FA
	20:00 - 20:30	POWER PILATES	KETA S.	MS
	20:00 - 20:45	BOXING	ZURA G.	FA
	20:45 - 21:15	FUNCTIONAL PILATES	KETA S.	MS
	21:30 - 22:20	INTENSIVE PILATES	KETA S.	MS

SIGNATURE CLASSES, ACCLAIMED INSTRUCTORS, TRANSFORMED BODIES.

CLASSES AND INSTRUCTORS ARE SUBJECT TO CHANGE. ADVANCE BOOKING REQUIRED. VISIT OKTOPUS.GE OR DOWNLOAD THE APP TO MANAGE YOUR BOOKINGS AND FIND NEW OBSESSIONS





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APRIL, 2026

THURSDAY	08:30 - 09:30	MORNING YOGA	IRINA K.	MS
	10:00 - 11:00	KUNDALINI YOGA	IRINA K.	MS
	18:00 - 18:30	SQUATS	MARIAM K.	MS
	18:00 - 18:45	FULL BODY WORKOUT	MICHAEL F.	MS
	19:00 - 19:45	BIG BALL PILATES	SVETLANA K.	MS
	19:00 - 19:30	LEGS & CORE BLAST	MICHEAL F.	FA
	20:00 - 20:45	YOGA FLOW	AKAKI K.	MS
	21:00 - 21:30	FULL BODY STRETCHING	IRINA K.	MS

FRIDAY	08:30 - 09:30	MORNING YOGA	AKAKI K.	MS
	10:00 - 11:00	YOGA FLOW	AKAKI K.	MS
	12:00 - 12:45	BIG BALL PILATES	SVETLANA K.	MS
	18:00 - 18:30	BEST ABS EVER	LASHA G.	MS
	19:00 - 19:45	CARDIO ZUMBA	DARIA K.	MS
	19:00 - 19:45	BOXING	ZURA G.	FA
	20:00 - 20:30	POWER PILATES	KETA S.	MS
	20:00 - 20:45	BOXING	ZURA G.	FA
	20:45 - 21:15	FUNCTIONAL PILATES	KETA S.	MS
	21:30 - 22:20	INTENSIVE PILATES	KETA S.	MS

SATURDAY	08:30 - 09:30	MORNING YOGA	IRINA K.	MS
	20:00-20:45	YOGA FLOW	AKAKI K.	MS
	21:00 - 21:30	FULL BODY STRETCHING	IRINA K.	MS

SUNDAY	14:00 - 14:45	BIG BALL PILATES	SVETLANA K.	MS
	19:00 - 19:45	BOXING	ZURA G.	FA
	20:00 - 20:45	BOXING	ZURA G.	FA

CLASS LEVEL GUIDE

L2 - INTERMEDIATE

L3 - ADVANCED

☎ - PAID CLASS

STUDIO KEY

MS - MAIN STUDIO

FA - FUNCTIONAL AREA

RS- REFORMER STUDIO