



GROUP CLASS SCHEDULE OKTOPUS BATUMI BRANCH

MARCH, 2026

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|---------------|---------------|--------------------|-------------|----|
| MONDAY | 08:30 - 09:30 | MORNING YOGA | AKAKI K. | MS |
| | 10:00 - 11:00 | YOGA FLOW | AKAKI K. | FA |
| | 12:00 - 12:45 | BIG BALL PILATES | SVETLANA K. | MS |
| | 18:00 - 18:30 | BEST ABS EVER | LASHA G. | MS |
| | 19:00 - 19:45 | CARDIO ZUMBA | DARIA K. | MS |
| | 19:00 - 19:45 | BOXING | ZURA G. | FA |
| | 20:00 - 20:30 | POWER PILATES | KETA S. | MS |
| | 20:00 - 20:45 | BOXING | DAVIT Z. | FA |
| | 20:45 - 21:15 | FUNCTIONAL PILATES | KETA S. | MS |
| | 21:30 - 22:20 | GEO DANCE | KETA S. | MS |
| | 21:00 - 21:45 | BOXING | ZURA G. | FA |

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|----------------|---------------|----------------------|-------------|----|
| TUESDAY | 08:30 - 09:30 | MORNING YOGA | IRINA K. | MS |
| | 10:00 - 11:00 | KUNDALINI YOGA | IRINA K. | MS |
| | 18:00 - 18:45 | FULL BODY WORKOUT | MICHAEL F. | MS |
| | 19:00 - 19:45 | BIG BALL PILATES | SVETLANA K. | MS |
| | 19:00 - 19:30 | LEGS & CORE BLAST | MICHEAL F. | FA |
| | 20:00 - 20:45 | YOGA FLOW | AKAKI K. | MS |
| | 21:00 - 21:30 | FULL BODY STRETCHING | IRINA K. | MS |

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|------------------|---------------|--------------------|-------------|----|
| WEDNESDAY | 08:30 - 09:30 | MORNING YOGA | AKAKI K. | MS |
| | 10:00 - 11:00 | YOGA FLOW | AKAKI K. | MS |
| | 12:00 - 12:45 | BIG BALL PILATES | SVETLANA K. | MS |
| | 18:00 - 18:30 | BEST ABS EVER | LASHA G. | MS |
| | 19:00 - 19:45 | CARDIO ZUMBA | DARIA K. | MS |
| | 19:00 - 19:45 | BOXING | ZURA G. | FA |
| | 20:00 - 20:30 | POWER PILATES | KETA S. | MS |
| | 20:00 - 20:45 | BOXING | DAVIT Z. | FA |
| | 20:45 - 21:15 | FUNCTIONAL PILATES | KETA S. | MS |
| | 21:30 - 22:20 | GEO DANCE | KETA S. | MS |
| | 21:00 - 21:45 | BOXING | ZURA G. | FA |

SIGNATURE CLASSES, ACCLAIMED INSTRUCTORS, TRANSFORMED BODIES.

CLASSES AND INSTRUCTORS ARE SUBJECT TO CHANGE. ADVANCE BOOKING REQUIRED. VISIT OKTOPUS.GE OR DOWNLOAD THE APP TO MANAGE YOUR BOOKINGS AND FIND NEW OBSESSIONS





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MARCH, 2026

| | | | | |
|-----------------|---------------|----------------------|-------------|----|
| THURSDAY | 08:30 - 09:30 | MORNING YOGA | IRINA K. | MS |
| | 10:00 - 11:00 | KUNDALINI YOGA | IRINA K. | MS |
| | 18:00 - 18:45 | FULL BODY WORKOUT | MICHAEL F. | MS |
| | 19:00 - 19:45 | BIG BALL PILATES | SVETLANA K. | MS |
| | 19:00 - 19:30 | LEGS & CORE BLAST | MICHEAL F. | FA |
| | 20:00 - 20:45 | YOGA FLOW | AKAKI K. | MS |
| | 21:00 - 21:30 | FULL BODY STRETCHING | IRINA K. | MS |

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|---------------|---------------|--------------------|-------------|----|
| FRIDAY | 08:30 - 09:30 | MORNING YOGA | AKAKI K. | MS |
| | 10:00 - 11:00 | YOGA FLOW | AKAKI K. | MS |
| | 12:00 - 12:45 | BIG BALL PILATES | SVETLANA K. | MS |
| | 18:00 - 18:30 | BEST ABS EVER | LASHA G. | MS |
| | 19:00 - 19:45 | CARDIO ZUMBA | DARIA K. | MS |
| | 19:00 - 19:45 | BOXING | ZURA G. | FA |
| | 20:00 - 20:30 | POWER PILATES | KETA S. | MS |
| | 20:00 - 20:45 | BOXING | DAVIT Z. | FA |
| | 20:45 - 21:15 | FUNCTIONAL PILATES | KETA S. | MS |
| | 21:00 - 21:45 | BOXING | ZURA G. | FA |

| | | | | |
|-----------------|---------------|----------------------|----------|----|
| SATURDAY | 08:30 - 09:30 | MORNING YOGA | IRINA K. | MS |
| | 20:00 - 20:45 | YOGA FLOW | AKAKI K. | MS |
| | 21:00 - 21:30 | FULL BODY STRETCHING | IRINA K. | MS |
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|---------------|---------------|------------------|-------------|----|
| SUNDAY | 14:00 - 14:45 | BIG BALL PILATES | SVETLANA K. | MS |
| | 19:00 - 19:45 | BOXING | ZURA G. | FA |
| | 20:00 - 20:45 | BOXING | ZURA G. | FA |
| | 21:00 - 21:45 | BOXING | ZURA G. | FA |

CLASS LEVEL GUIDE

L2 - INTERMEDIATE

L3 - ADVANCED

☎ - PAID CLASS

STUDIO KEY

MS - MAIN STUDIO

FA - FUNCTIONAL AREA

RS- REFORMER STUDIO