დრო TIME	ორშაბათი MONDAY	სამშაბათი TUESDAY	ოთხშაბათი WEDNESDAY	ხუთშაბათი THURSDAY	პარასკევი FRIDAY	შაბათი SATURDAY	კვირა SUNDAY
09:00	Pilates	Total Abs	Pilates	Pilates	Pilates		
10:00	Pilates	Yoga	Pilates	Yoga	Pilates		
12:00	Stretching		Stretching			Yoga	
15:00							Latino Dance
17:00						Boxfit	
18:00		Yoga		Yoga		Yoga	
18:00						Fitness mix.	
18:00						Spinning	
19:00	Pilates		Pilates		Pilates		
19:15		Total Abs		Latino Dance			
19:00	Spinning	Spinning	Spinning	Spinning	Spinning		
19:00	Boxfit	Boxfit	Boxfit	Boxfit	Boxfit		
20:00	Spinning	Spinning	Spinning	Spinning	Spinning		
20:00	Fitness mix.	Fitness mix.	Fitness mix.	Fitness mix.	Fitness mix.		
20:00	Zumba	Zumba	Zumba	Zumba	Zumba		
20:00	Circle Training		Circle Training				
20:00	Synergy	Synergy	Synergy	Synergy	Synergy		
20:45	Yoga		Yoga		Yoga		
21:00		Total Abs		Total Abs		Total Abs	
21:00	Spinning	Spinning	Spinning	Spinning	Spinning		
21:00	Stretching	Stretching	Stretching	Stretching	Stretching		
21:00	Synergy	Synergy	Synergy	Synergy	Synergy		
22:00	Total Abs	Total Abs	Total Abs	Total Abs	Total Abs	Total Abs	